



Republic of the Philippines
Province of Leyte
City of Baybay
-oo0oo-

OFFICE OF THE SANGGUNIANG PANLUNGSOD

Excerpt from the
Minutes of the 21st Regular Session of the Sangguniang Panlungsod, this city, held on
June 5, 2017.

PREFATORY STATEMENT

WHEREAS, Section 15, Article II of the 1987 Philippine Constitution states that, "The State shall protect and promote the right to health of the people and instill health consciousness among them.

WHEREAS, DepEd Administrative Order No. 52, s. 2008, established the guidelines on the operation of school canteens to prepare nutritious and safe food for the children which they can eat during recess and lunch time.

WHEREAS, House Bill 40201 or the "Healthy Beverage Options Act of 2014", bans the sale of beverages unfit for the children.

WHEREAS, per Executive Ordinance No. 01 series of 2015 of City Mayor Carmen L. Cari, or the MATERNAL AND CHILD HEALTH CARE CODE AND INCENTIVE PROGRAM (MCIP) of the City of Baybay, extends the care to children up to their adolescent years or beyond.

WHEREFORE, on motion of Honorable SP Member, Vicente Victor G. Veloso and duly seconded by Honorable SP Members Alan D. Fernandez and Rodulfo S. Palma, Jr., thus, this ordinance:

CITY ORDINANCE NO. 16, S. 2017

"AN ORDINANCE PROTECTING THE CHILDREN FROM JUNK FOODS AND UNHEALTHY DRINKS AND INSTILL IN THEM THE VALUES OF GOOD HEALTH."

Be it ordained, by the 21st Sangguniang Panlungsod of the City of Baybay in its regular session assembled;

SECTION 1. TITLE

This Ordinance shall be known as *AN ORDINANCE PROTECTING THE CHILDREN FROM JUNK FOODS AND UNHEALTHY DRINKS AND INSTILL IN THEM THE VALUES OF GOOD HEALTH.*

SECTION 2. THE DECLARATION OF POLICY

The City Government of Baybay upholds to the importance of Good Health for its constituents, for them to become more productive citizens in the community, and enhance good health values to the children, who will possibly be future pillars of our society.

SECTION 3 DEFINITION OF TERMS. For purposes of this ordinance the following terms shall be defined as follows:

a. Junk Foods -

- i. Are those foods considered high in calories but low in nutritional content;
- ii. Are those that are appealing to one's appetite but of little or no real value;

- iii. Are those that have low nutritional value, typically produced in the form of preserved packaged snacks needing little or no preparation.
- b. **Good Health** is a state of complete physical, mental and social well-being in sound normal functions;
- c. **Values** - Important and lasting beliefs or ideals shared by the members of a culture about what is **good** or bad and desirable or undesirable. **Values** have major influence on a person's behavior and attitude and serve as broad guidelines in all situations
- d. **Health Care** – the maintenance and improvement of physical and mental health, especially through the provision of medical services.

SECTION 4. DUTIES AND RESPONSIBILITIES.

The City Government of Baybay through the City Health Office, as its lead implementing agency -

- a. Establishes linkages with other agencies, government or private such as school, and NGOs to promote the preparation and sale of fruits and vegetable based snacks and drinks.
- b. Recommends doable measures to develop and promote production of organically grown fruits and vegetables.
- c. Formulates research and development of snacks and drinks menus that are nutritious.
- d. Prepares booklets/brochures of food or menus that are delicious yet affordable or of low cost preparation yet containing highly nutritional value;
- e. Prepares booklets/brochures of vegetable and fruit based snacks.
- f. Prepares booklets/brochure of vegetable and fruit base drinks.
- g. Facilitates production of positive slogans and posters and post them to encourage health habits that will eventually be internalized to become persons who value good health.
- h. Conducts regular meetings to discuss and deliberate concerns affecting the implementation of this ordinance.
- i. Formulates policies, regulatory measures, plans, programs, and projects/activities to develop and promote production and processing of healthy food snacks and drinks in the city.
- j. Identifies and recommends areas, strategically located inside the school and 50 meters outside the school where only healthy food snacks are allowed for consumption of the people;
- k. Oversees the successful implementation of this Program.
- l. Performs such other functions as may be necessary for the promotion and development of this program in the City.
- m. Disseminates information for strict implementation and adherence to the provisions of this ordinance.

SECTION 5. FOOD CATEGORIES

As per March 14, 2017 order signed by Education Secretary Leonor Briones, the department emphasized the strategies that "promote healthy diets and positive eating behaviors and provide healthy eating environment" in public schools and DepEd offices nationwide, such as:

"The canteens in schools and DepEd offices shall not sell foods and beverages high in fat and/or sugar and/or sodium.... There shall be a shift towards healthier fat consumption by providing more of foods with unsaturated fats and limiting foods laden with saturated and trans fats."

"Food and Nutrition Research Institute's (FNRI), Panggang Pinoy, manifesting the importance of reading a product's Nutrition Facts."

"GREEN Food and drinks should always be available in the canteen, described as "the best choices for a healthy school canteen."

Three (3) categories common foods and snacks:

I. GREEN – Food and drinks should always be available in the school canteens and is recommended for the stores selling food and beverages within the 50 meter radius of the school vicinity. The DepEd described the following examples as "the best choices for a healthy school canteen."

GREEN

Milk (unsweetened)	Safe and clean water (nothing added)
Fresh buko water (unsweetened)	Milled rice
Brown rice or iron-fortified rice	Corn
Oatmeal	Whole wheat bread
Cassava (kamoteng kahoy)	Boiled sweet potato (kamote)
Boiled saging na saba	Corn, binatog
Boiled peanuts	Suman
Puto	Fish
Shellfish	Small shrimps
Lean meats	Chicken without skin
Nuts	Egg
Fresh fruits, preferably those in season	Green, leafy, and yellow vegetables

II. YELLOW – Food and drinks that should be served carefully, The DepEd said these examples may be served once or twice a week only (Tuesday and Thursday), in small servings, and should be less prominent in the school canteens and such is likewise recommended for the stores selling food and beverages within the 50 meter radius of the school vicinity.

YELLOW

100% fresh fruit juices	Fried rice
Bread (using white refined flour)	Biscuits
Banana cue, camote cue, turon, maruya	Pancakes
Waffles	Champorado
Pancit	Arroz caldo
Sandwiches (cheese, egg, chicken filling, etc)	Butter, margarine, mayonnaise (use sparingly)

Processed food such as meat/fish, hotdogs, sausage, burger patties, chicken nuggets, tocino, tapa, etc (still subject to evaluation of saturated or trans fat and sodium as reflected in their Nutrition Facts)

Stir-fried vegetables

III. RED – Food and drinks **not recommended** in the canteen menu, since they contain high amounts of saturated fat or sugar or salt.

RED

Soft drinks, alcoholic drinks, sports waters, sports drinks, flavored mineral water, energy drinks, sweetened waters, powdered juice drinks

Any product containing caffeine (for school canteens)

Any processed fruit/vegetable juice with added sugar of more than 20 grams or 4 teaspoons per serving

Any jelly, slushies

Any ice cream/ice drops/ice candies

Cakes and slices, donuts, sweet biscuits and pastries, and other sweet bakery products

All types of candies including chocolates, hard/chewy candies, chewing gums, marshmallows, lollipops, yema, etc

French fries, bicho-bicho, etc

Instant noodles

All types of heavily salted snacks such as chips

Chicharon

Chicken skin

Bacon

Deep-fried food including fish balls, kikiams, etc

Fruits canned in heavy syrup

Sweetened fruits or vegetables

SECTION 5. SEPARABILITY CLAUSE. If any part of this ordinance is declared unconstitutional, the remaining parts thereby shall continue to remain valid and in effect.

SECTION 6. REPEALING CLAUSE. All ordinances, executive orders, rules and regulations or parts thereof inconsistent with this ordinance are hereby repealed or modified accordingly

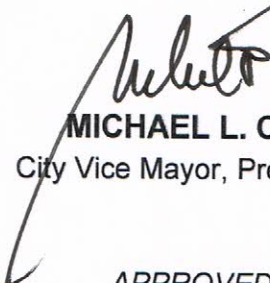
SECTION 7. EFFECTIVITY CLAUSE. This ordinance shall take effect immediately after its approval by the Sangguniang Panlalawigan, Province of Leyte.

Enacted: June 5, 2017.
Baybay City, Leyte, Philippines.


I HEREBY CERTIFY to the correctness of the foregoing ordinance which was duly adopted during the regular session of the Sangguniang Panlungsod, this city, held on June 5, 2017.


ATTY. VIVIAN E. VIDALLON
SP Secretary

ATTESTED & CERTIFIED
TO BE DULY ADOPTED:


MICHAEL L. CARI
City Vice Mayor, Presiding Officer

APPROVED BY HER HONOR:

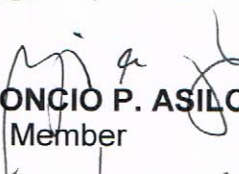

CARMEN L. CARI
City Mayor


With our concurrence:


ATTY. ERNESTO M. BUTAWAN
SP Member

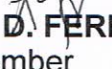

EDGARDO R. OMPOY
SP Member


ARTURO ELISA O. ASTORGA
SP Member


LEONCIO P. ASILOM, JR.
SP Member


RODULFO S. PALMA, JR.
SP Member



VICENTE VICTOR G. VELOSO
SP Member


ALAN D. FERNANDEZ
SP Member


DOMINADOR K. MURILLO, DM
SP Member


FILEMON F. AVILA
SP Member


JORGE V. REBUCAS
SP Member


MANDY G. MUNEZ
President, LIGA Ng Mga Barangay
Ex-Officio, SP Member